

## **How is FEIPS different to ELSA?**

ELSA involves the identification of specific emotional literacy targets towards which the pupils works, guided by the ELSA through a carefully planned programme of support. Whilst ELSAs deliver skill-based programmes, FEIPS sessions are more pupil-led. The FEIPS Practitioner facilitates a helping conversation using counseling practices. Simply put, ELSA teaches skills and FEIPS offers a time to talk.

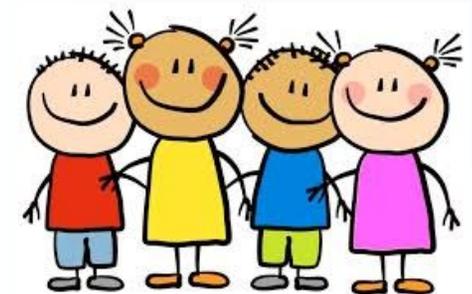


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## **FEIPS (Framework for Enhanced Individual Pastoral Support)**



## How can FEIPS help my child?

FEIPS offers a safe place to talk and enables the child to:

- Explores and deal with painful emotional issues.
- Look at things differently.
- Cope better with issues, concerns and situations.
- Achieve some level of understanding with regard to thoughts, emotions and behaviours.
- Feel better about themselves.
- Accept their limitations and strengths and to feel OK about them.
- Change behaviours which have negative consequences.
- Maximize the opportunity to reach their full potential.

## FEIPS Sessions

### What Happens?

- The child has a regular slot during the school week for 30 minute to an hour, for a targeted period of time. (Usually 6 weeks, but can longer).
- Sessions are confidential and offer the child an opportunity to talk about things that are concern to them. Nothing will be shared with anyone without the child's consent.
- Sessions are one to one and pupil-led.
- Sessions may involve play based materials or activities.

## About FEIPS Practitioners

FEIPS Practitioners are specially trained members of staff who can offer a young person a safe and supportive environment to talk about difficult issues in confidence. They listen to a young person's views, experiences and feelings without judgement in an atmosphere of respect and empathy based on a secure and trusting working relationship.

FEIPS Practitioners have regular professional supervision from Educational Psychologists to help them with their work.

The FEIPS Practitioner at Castle Hill Primary School is:  
Mrs Arnold.

