Dear Parents & Friends of CHPS,

Get set… we're taking part in Sustrans Big Pedal 2019, the UK's largest inter-school cycling, walking and scooting challenge. The challenge runs from 25th March to 4th April. It's free and we would love everyone to be involved.

The details
On each day of the challenge schools compete to see who can record the greatest number of pupils, staff and parents cycling, walking or scooting to school. You can let us know if you or whoever does the school run has cycled, walked or used a scooter by telling your children.

It's a great way to get more of our pupils travelling actively to school and is a simple way to boost their physical and mental health.

Cycle, walk, scoot and snap to win family prizes
You and your family can also win prizes during Sustrans Big Pedal. Simply post a photo of you and your child cycling, walking or scooting to school on social media during the challenge using #BigPedalWin. To be in with a chance of winning, you'll need to follow Sustrans on Instagram instagram.com/sustrans, Twitter twitter.com/sustrans or Facebook facebook.com/Sustrans. Be sure to check the terms and conditions found on the Big Pedal website prior to entering the competition.

Superhero fundraising day
On Friday 29th March we'd love our pupils to be involved in Sustrans' Superhero Day by dressing as their favourite superhero. We will also be fundraising for Sustrans so please bring in a £1 donation.

What's next?
All you need to do is encourage your child(ren) to cycle, walk or scoot to school on as many days as possible during the event, and join them on their way.

To help you prepare, Sustrans has developed a handy free guide packed with advice, games and challenges to help you have hassle-free cycle, walk or scoot to school. Download your free pack [pdf].

For more information about the event go to **www.bigpedal.org.uk.** Enjoy the challenge!

Castle Hill Primary School Team