

**Time Out for Parents**

**The Primary Years**

If you have children aged 5 – 11, then Time Out for Parents

– The Primary Years is for you. Over six sessions, you’ll

increase your skills and confidence as a parent and

discover practical tools to make your relationship with

your child even better.

**When?** 6Thursday evenings from 6th June 2019

**Where?** St Mary’s Church, Eastrop, Basingstoke, RG21 7PZ

**Time?** 7.30 to 9.30pm

This course is led by trained and licensed facilitators Philip and Elizabeth Hiorns and Cathy Hawkins

To book a place (or for further details)

email philiphiorns@doctors.org.uk

or telephone 01256 464249

Cost: £10 (includes a copy of the course handbook)

**Time Out for Parents**

**The Primary Years**

**A 6-session course for parents of 5-11 year olds**

**on Thursday evenings starting 6th June 2019**

**St Mary’s Church, Eastrop, Basingstoke RG21 7PZ**

**Sessions:**

* What being a parent’s really like
* Children’s needs
* Feelings and listening
* Boundaries and parenting styles
* Keeping children safe
* Building strong families



Positive Parenting is part of **Care for the Family**, a registered charity (number 1066905)